

Editor's Note



Despite the fact that homeopathy has been around for over 200 years, we still don't know exactly why or how a remedy works. We do know, however, that homeopathy works at a dynamic or energetic level in the body. One homeopath who works totally at this energetic level is Barbara Schaar. Barbara trained classically in the 1990s and has since developed her own intuitive system of healing homeopathically with animals.

In this issue, Barbara presents us with the case of her cat, Bless. In this case, Barbara challenges some of the basic principles we are taught about dispensing remedies. Her methodology, although controversial, has been developed from a sound foundation. Consequently, Barbara's success in treating Bless made me wonder exactly how Hahnemann might be practicing were he alive today. Your comments about the case are welcomed.

On Page 2, you'll find information about our next seminar on 4th August. Both students of homeopathy and practicing homeopaths are welcome to attend. It's a great opportunity to learn more about homeopathy and meet other homeopaths.

I hope you enjoy the newsletter. Have a happy and prosperous couple of months.

Kathy

BLESS the MIRACLE CAT

Bless had gone missing on Thursday the 26th of May. I have been looking for him everywhere, without any luck. I had an overseas visitor staying so I could not focus well on trying to find Bless. I started to get worried on Friday evening as Bless had not come home. I decided to send him some healing telepathically, namely Aconite and Arnica. I tried to tune into him with my animal communication skill and got from him, *I am fine. I am locked in.*



here, we had made several attempts to put him to sleep, but then he just would perk up out of the blue so we decided to wait. Come in first thing on Monday and you can take your cat to the vet and decide what you want to do with him.

The search went on around the neighbor hood to find him but I had no luck. All day Saturday I was at an ACCH seminar, and in my mind I was sending healing to Bless and the remedies Aconite, Bryonia and Arnica, about every two hours.

By the time the seminar had finished, he had not come home. On Sunday my visitor went back home to Europe at 5am, so when I came back from the airport I continued my search. No luck. At about 3pm, I tuned in to Bless and begged him for a sign of what I should do!

I reached to the phone and called my local vet. The receptionist said, *Yes, we had a cat brought in on Friday evening from your street very badly injured. He should have been put to sleep, but something stopped the Vet doing so. So, we sent him off to the SPCA.*

They gave me the phone number of the SPCA, but felt it was unlikely that Bless was still alive. I called the SPCA and they said, *Yes, we have this cat*

I was at the SPCA before the door opened on the

Monday morning.

And when I saw my Bless I was shocked at the state he was in!! He purred and cried and looked at me.

In the car to the vet, I continuously asked Bless if he wanted me to put him to sleep or if he wanted me to try to save him. At the vet, I made the decision to try to save Bless. I could visit Bless on a daily basis and give him healing. He asked for homeopathy in a telepathic way only. The remedies I sent were Bryonia and Hypericum.

He was able to come home after extensive surgery to his jaw, on Queens Birthday week end. He had broken his bottom jaw in six places. It was pushed to the left side and had snapped off at both sides of the mouth. He came home with his back in some form of alignment and the jaw closed together with wires and a tube coming out of his neck. I had to feed Bless through a tiny tube every hour and watch him closely. Three days later he had to see the vet for a follow-up

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and to make sure he had not dehydrated or lost any body weight. I had given him, telepathically only, Symphytum, Bryonia and Causticum. (Causticum because he also had an injury to the ulna nerve on the right front leg.)

When the vet saw him he was ecstatic. He grabbed Bless and showed him around the whole surgery. He felt the improvement was beyond any expectation!! (The vet is aware of what I am doing, but had always been very against homeopathy in the past.)

Two weeks later, the first lot of wires came out so Bless could open his mouth again. The vet's comment was that I would need to syringe feed Bless for a while because his mouth might not function fully. That night at midnight, after the anesthetic had worn off, Bless woke me up. He went to his food bowl and ate the whole plate clean by himself! Wow, he never needed to be syringe feed.

We went back to the vet, a week later, for more wires to be taken out. Once more, the vet could not believe the improvements. The vet congratulated me on my work with Bless on every visit!!

Now a month later, the jaw has healed well, although it is not completely in alignment with the upper jaw, so Bless can't close his mouth completely. This is not

THANKS...

A big thank you to all those members of the homeopathic community who worked tirelessly in opposition to the proposed *Therapeutic Products and Medicine Bill* which was recently shelved.

Green MP Sue Kedgley announced that it was a victory for consumers and democracy – she forgot to add **homeopaths!** Ms Kedgley estimated that \$7 million had been spent on trying to pass the bill. Imagine what homeopaths could do with that sort of money – conduct provings and other research, subsidize international seminars, increase public awareness...



at all worrying Bless because he can eat normally and this is the main thing. His leg will be reassessed in one months time. Bless still only takes his remedies telepathically. He is getting Plumbum maybe twice a week and he allows me to just give him energy healing. Sometimes he lies under a Bioptron light once a day. After all of this, his spirit is great. He is back to jumping up on the kitchen bench and playing with the other cat. And yesterday, he just about caught my Lorikeet.

Bless has taught me that Homeopathy is energy in a true sense and can be sent to the client via energy. Even so, I have been very skeptical about my way of treating Bless. However, the vets and the SPCA confirmed more than once that this sort of homeopathic healing works.

Bless never in the past refused remedies orally, so this is quite inspiring to me. Giving remedies telepathically is very gentle and this is what Bless needed. Would taking the remedies orally have been too strong for him?

Barbara Schaefer
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SEMINAR NEWS

The next seminar is on Saturday 4 August.

In the morning session, Pratibha Dalvi (right) continues with her stimulating series:

Practice oriented differentiations and difficulties. She will be presenting a case study to challenge our knowledge of materia medica and repertory. Pratibha will also discuss case management,



in particular, difficulties faced in the follow-up. Sunil Kumar (BHMS) will be taking the first half of the afternoon session with an exploration of Hepatitis, including some useful remedies in treating cases. The remaining half of the session will be taken by Jeannette Bennett who will be discussing difficult cases.

The seminar days run from **9am to 4pm**; lunch break from 12 – 1pm.

ACCH senior students are required to attend the day.

To register in advance, please contact the ACCH office by phone or email. Attending the seminars is free to all ACCH students. Charges to others who attend are as follows:

ACCH Graduates: \$15 for the day.

Other practitioners/students: \$30 for the day.

If you wish to attend one session only, the fee will still be \$15 or \$30.

Please **bring your own mug**. Tea and coffee is provided.

The remaining seminar date for 2007 is 27 October.

Book Reviews: Insight into Plants, Volume III

Below are two reviews of Rajan Sankaran's latest book, the third volume of his series, *Insight into Plants*.

Elsje Winnubst, an ACCH tutor, has written the first review. The second is more a summary of content than a review and is by Julia Schiller, who helped edit the book. Julia also wrote *A Query and its Clarification*, an article about plant taxonomy which was published in Links in 2005 and is reproduced in the book.

Rajan Sankaran's latest book *Insight Into Plants* is a work in three volumes, the latest of which has recently been released. At 1878 pages, the third volume is not for the faint-hearted homeopath.

The first two volumes deal with plant families from the Anacardiaceae through to the Violales. Throughout the first two volumes Sankaran provides the reader with fascinating cases, which have been successfully treated by applying a greater understanding of the common sensations of the plant families.

Each family member is divided into categories, which describe the sensations, passive reactions, active reactions, compensations, and more importantly, the hierarchy, of miasms. All the plant members are located according to the common sensation, which reflects their parent miasm. The three volumes are a remarkable effort by Sankaran to understand the plant kingdoms and how they manifest as remedies in a case.

I have applied his theories in my own cases and found that this methodology has turned my cases upside down and inside out. No longer is it necessary to labour over intricate details at the emotional level. Instead it is now possible to go straight to the heart of the case and transcend all extraneous detail.

Each of his cases takes us to a deeper and richer understanding, of the patient and their very particular homeopathic similimum. All the more remarkable then, when he tells us that many practitioners simply utilise the tables in his books and don't read the cases. That's like reading the last few pages of *Crime and Punishment* and thinking you've come to grips with existentialism. Every one of the cases ought to be absorbed and given the respect due to them.

Volume three contains a critique by Julia Schiller, *A Query and its Clarification*, which takes Sankaran to task regarding the incompleteness of five of the remedy plant groupings. In one example, Schiller cites Sankaran, stating that the family lists of the Violales family group is *too small to draw any conclusions*.

There is a more glaring example in the family group the Hamamelidaceae where an overlap arises and renders other families from *distantly related plants*, as being grouped together where Schiller believes, they ought not to be, at least, not until they are significantly well proven and cured.

The reader may be grateful to Schiller because she identifies and fills in the gaps the average homeopath is uncritical about.



Her criticism is invaluable to the uninitiated because in the age of burgeoning perspectives on homeopathy we all need to be aware of that which is theory, hypothesis, and proven fact.

There are also minor omissions and mistakes highlighted by Schiller, which do not detract from Sankaran's work but, in the interest of balance, are there to remind the reader, that *Insight* is a work in progress.

The appendices at the end of Volume III include his more recent research and additions. He expands on the plant families with a *Chart of Miasms and Remedies*, which includes the fungus kingdom. All the tables in Sankaran's books are extremely useful and the tables in *Insight into Plants* are no exception. I lovingly laminate the tables so that I have a quick and durable reference in my clinic.

Overall, *Insight into Plants* is a work of great importance to the global homeopathic community. Clearly other homeopaths agree.

Contributors to Sankaran's book make up a list of nearly thirty.

For me, *Insight into Plants* is a tremendous work, which has changed the face of homeopathy. Reading *Insight into Plants* is like taking a fascinating journey that you never want to end. Fortunately this is not likely to happen given the way the frontiers of homeopathy are expanding. Sankaran's latest work continues to disrupt and collapse the boundaries of homeopathy. This is definitely one for my already groaning bookshelf.

Elsje Winnubst.

AN INSIGHT INTO PLANTS, VOLUME III: A PRECIS



Dr Rajan Sankaran

The earlier two volumes of *An Insight into Plants* described twenty-one families, specifically how to come to the common sensation of each family and how each remedy in a family could be classified into a specific miasm. This methodology thus made a kind of grid of the families and miasms enabling practitioners to choose a remedy.

Consequent to the publication of these volumes, several colleagues of Dr. Rajan Sankaran from different parts of the world have applied these remedies using this method in their practice with very encouraging results. They have been sharing their cases with Dr. Sankaran and, these cases along with his own, have not only helped to confirm the ideas in the earlier volumes but they have also made the understanding of these families clearer and more comprehensive. This enabled him to add some more remedies (mentioned below) into the tables, thus filling some of the gaps. Dr. Sankaran felt it would be really worthwhile to bring out these cases along with the more updated understanding in a book form.

Meanwhile, the understanding of some other families has been developing and getting confirmed in practice. These include: Brassicaceae / Cruciferae, Carnivorous plants, Dioscoreaceae, Fungi, Piperaceae, Rosaceae and Rutaceae.

This volume includes a more updated understanding of the earlier families along with some illustrative cases, especially of rare remedies, from Dr. Sankaran and his colleagues as well as new families with their sensations, miasms and illustrative cases.

Julia Schiller
Glendowie Homeopathy

Articles for ACCH newsletters are welcome.

Submit your article via email to the editor (Kathy Thomas) at pukekahu@xtra.co.nz. We accept: Letters to the editor; articles on homeopathy; case studies; book reviews; editorials; photographs; cartoons; information regarding future courses or seminars.